

# Accommodation Plan for Food Intolerance/Allergies

Child's Name \_\_\_\_\_ Date \_\_\_\_\_

- Has a food intolerance to \_\_\_\_\_  
My doctor has diagnosed the intolerance: yes/no  
Describe symptoms \_\_\_\_\_  
Must the snack have a label of ingredients? yes/no
- Has a life threatening food allergy to \_\_\_\_\_  
\_\_\_\_\_INGESTION \_\_\_\_\_AIRBORNE  
\_\_\_\_\_CONTACT (i.e.: HAVING SOMEONE TOUCH ME WITH PEANUT BUTTER LEFT ON THEIR HANDS)  
\_\_\_\_\_ Benedryl and Epi-pen will be provided with an Allergy Care Plan signed by the child's physician

## Accommodation for Snacks

*Please note: Our classrooms are used by Sunday School and other LCNS classes so we cannot guarantee that our classrooms are 100% allergy free. We try our best to make your child's classroom as safe as we can.*

A classroom will be allergy-free if the child has a life threatening allergy.

Food sensitivities will be treated on a case by case basis.

A staff member checks the ingredients for all snacks brought into the classroom.

The family may provide a safe food list that will be distributed to every child in the classroom.

The parent may check the ingredients on all snacks brought to class.

The family will provide a supply of appropriate emergency snack items.

Class families are notified of the sensitivity/allergy by letter with instructions for snacks and cleanliness.

## Accommodation for Stay & Play lunch

*Please note: It has been our experience that even though we ask families to not bring peanut-free foods for lunch, many items are brought in that are manufactured in facilities that process peanuts. Thus, we cannot assure you that your child will not be in a peanut/nut-free room for Stay & Play.*

Student may eat with other students with no seating restrictions.

Student may eat at an identified peanut/nut-free table.

## Classroom Activities

We clean and disinfect tables, chairs and counters before class starts.

Children are asked to wash their hands before coming to class and to use hand sanitizer upon entering the classroom.

We avoid the use of allergic foods for classroom activities (art projects, counting, science projects, parties, holiday celebrations, cooking, pet foods and other projects).

## Field Trips

We plan ahead to avoid risks at the destination and during transportation.